

OHIO UNIVERSITY ATHLETIC TRAINING ALUMNI NEWS

JUNE 2005

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SPECIAL POINTS OF INTEREST:

- **OU alumni reunion @ NATA national conference June 14th, 7:00-10pm @ The Hyatt Regency Indianapolis**
- **Site visit April 13th and 14th 2005.**
- **New online alumni directory**

A STRONG PAST, A FOCUSED PRESENT, AND A BRIGHT FUTURE

We are proud to present the Athletic Training Alumni News. This forum will help us communicate with you, the alumni, about our educational programs, planned events, and alumni achievements.

The Ohio University Athletic Training Alumni News will be published on a regular basis. Each issue will highlight the professional contributions of one or more of our alumni, recent program events, and graduate student research projects. There will also be an outstanding undergraduate or graduate student bio so that you can get to know a few of the current students. We will relate information regarding the annual alumni reception at the NATA convention and anything else we think you might be interested in.

Alumni Network

Alumni of Ohio University's athletic training programs can be found in many settings and leadership positions across the country. The bond between OU and its alumni is pivotal in our continuing

efforts to improve the future of our educational programs and our profession. The Athletic Training Alumni News is just a small part of our effort to strengthen this relationship.

We have recently developed a state-of-the-art alumni directory with instant updating capabilities. This password protected website include alumni names, graduation year, current work address and position, work phone number, and email address. Each alumnus, current student, faculty, and staff will be able to register and use a password for easy, secure access. Visit our web page at www.ohiou.edu/rsps/



Athletic Training Education Research Clinic located in the recently renovated Grover Center

ATHLETIC TRAINING ROOM RENOVATIONS

Peden Stadium was dedicated in 1929 and has been through many renovations in the last 76 years. Now in 2005, plans are being made to re-design the north and south towers. Plans for the state of the art athletic training room will include over 3,000 sq. ft. of space with three in ground pools and an underwater treadmill. A new Biodex isokinetic machine will be purchased for athlete

testing and rehabilitation. John Bowman, the head athletic trainer, is “tremendously excited for our student athletes. The facility will be an asset to the athletics program and will be something that Ohio University can be very proud of.” Construction is expected to begin this summer and should be completed for the football home opener September 10th vs. Pittsburgh.

DISCOVERING THE PAST

Knowledge of the past and action in the present shape the future. Athletic Training Education has a long history at Ohio University. Unfortunately, documentation of that history has been limited.

Alumni are invited to write accounts of events that transpired during their educational experience at Ohio Uni-

versity. Please include the names of individuals involved, dates, and details of important events, innovations or experiences.

These accounts are not for adulation or castigation of a particular individual, but rather an opportunity to share a broader picture of your experience with the program.

Any narratives that are received will be compiled to document the history of athletic training at Ohio University.

Please send your narratives to:

Athletic Training Alumni News, Attn: Program history, Grover Center E186, Athens, OH 45701-2979 or email to seegmill@ohio.edu

“Knowledge of the past and action in the present shape the future.”

BUILDING THE FOUNDATION

Established in 1989, The Athletic Trainers’ Alumni Fund is a valuable resource benefiting both alumni and current students. Show your support by making tax deductible contributions to your alma mater that will be reserved solely for the benefit of the athletic training educational programs, current students and alumni.



Alumni reception in Baltimore 2004

Recent events supported by this foundation include the alumni reception at the NATA convention in Baltimore and the athletic training holiday party.

However, the Athletic Trainers’ Alumni Fund supports much more than social events. Recently, foundation funds supported the purchase of new equipment for the athletic training lab and student research projects.

Strengthen the future of our profession by supporting Ohio University athletic training education. You CAN make a difference. Individuals interested in supporting the foundation can send donations to:

Athletic Trainers’ Alumni Fund, School of Recreation and Sports Sciences, Ohio University, Grover E186, Athens, OH 45701-2979

UNDERGRADUATE PROGRAM UPDATE

The undergraduate athletic training education program (ATEP) just completed its accreditation site visit in April. The ATEP currently has 27 students and 9 clinical affiliation sites. On May 20th interviews were held for

pre-athletic training majors applying for the ATEP. The ATEP will hold its annual senior banquet with former alum, Bonnie Goodwin, as the honorary guest speaker on June 2nd.

GRADUATE PROGRAM UPDATE

Curricular changes for the Graduate Athletic Training Education Program were recently approved by the College of Health and Human Services curriculum committee. New courses include a three part research series in which students develop a research question and design a project to answer the question. Students present the results of their research at the College of Health and Human Services spring research symposium. These changes reflect an ongoing effort to train scholarly practitioners who will contribute to the growth of the profession.

Graduate students presented their

research during the College of Health and Human Services spring Research Exposition.

Project titles

- Ankle taping & bracing do not prevent anterior translation of the ankle.
- The effect of ice towel on core temperature following moderate physical activity.
- Rotary instability taping and its effects on knee joint laxity testing.
- Comparison of balance training on stability in the trained leg versus the untrained leg.
- BOSU balance trainer and the impact on postural sway.
- No difference between three methods of ulnar deviation testing on pain and ROM
- Certified athletic trainers are equally effective at cutting through loop straps of for different types.



ATEP Opening Social September 2004

- Capstone courses have a significant effect on BOC exam pass rates.
- A physiological fitness profile of a Division One women's lacrosse team.

Congratulations to Ashley Kane who won second place in Ohio University's fourth annual student research and creative activity fair.



ALUMNI FOCUS - DR. CHAD STARKEY



Dr. Starkey PhD, ATC recently completed his second and final term as the Executive Committee Chair for the NATA's Education Council.

As the chair of the Education Council, Dr. Starkey facilitated ongoing quality improvement in entry-level, graduate and continuing athletic training education that has affected every athletic

training program in the nation. His dedication and vision have had a tremendous impact on the athletic training profession, opening doors of opportunity for the future.

Dr. Starkey completed both his master's and doctoral degrees at Ohio University before working 16 years at Northeastern University, 6 years with the NATABOC, and 8 years with the Education Council. He has also written several textbooks that are widely used in athletic training education.

Dr. Starkey's leadership and other professional contributions have set a standard of excellence that his colleagues and friends from Ohio University applaud.

In passing his heavy leadership responsibilities to other capable hands, it is hoped that Dr. Starkey will take satisfaction from a job well done and enjoy a well-earned break.

MEET THE FACULTY



B. Andrew Krause PhD ATC is a first year assistant professor at Ohio. Dr. Krause comes to Ohio after spending two years as an assistant professor in Athletic

Training at Northeastern University in Boston. Andrew completed his doctoral study in Life Sciences and Sports Medicine under the mentorship of Chris D. Ingersoll at Indiana State University in Terre Haute, Indiana. Dr. Krause is a 1995 graduate of the graduate Athletic Training program at Ohio University and spent 8 years practicing Athletic Training in various settings in Lexington, Kentucky, Wooster, Ohio and Columbus, Ohio. His research interests include the study of Arthrogenic Muscle Inhibition and therapeutic interventions related to musculoskeletal rehabilitation. His personal interests include fishing, hunting and backpacking in the great outdoors.



Jeffrey Seegmiller EdD ATC serves as the coordinator of the graduate Athletic Training program and is completing his second year at Ohio University. Jeff received his baccalaureate degree in Athletic Training

from Brigham Young University. Both his master's work in Biomechanics and doctoral work in Curriculum and Instruction were completed at Illinois State University. Between his various programs of study, Jeff has worked with a professional football team, at an orthopedic clinic, and as a Head Athletic Trainer/AT Program Director at West Texas A & M University. Jeff's research interests in graduate education and applied biomechanics have served Ohio University well as he has implemented curricular changes for a graduate program with a scholarly focus.



Kristi White MS ATC is currently in her third year as director of the undergraduate athletic training education program. Kristi received her Bachelors of Science Degree

in Kinesiology with an emphasis in Athletic Training from the University of Minnesota in 1996. She pursued graduate studies at Ohio University, receiving her Masters of Science Degree in 1998. She then accepted a program director and head athletic trainer position at National American University in Rapid City, South Dakota. Kristi remained in South Dakota until 2002 when she returned to Ohio University. Kristi is currently finishing her dissertation. Once completed, she will receive a Doctorate of Philosophy in Curriculum and Instruction. Kristi's research lines include leadership within athletic training education and proprioception and reaction training to prevent athletic injuries.



Know someone looking for a great undergraduate or graduate education? Send them our way! The strength of our alumni network has kept our programs thriving with superior recruits and excellent jobs for our recent graduates. Forward any job postings to the e-mail address below. Thanks!

We are on the web

www.ohiou.edu/rsps/gradateducation.com

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